

Thursday Night Yoga Mix

with Aline Wolff-Lewis





River Vale Community Center 628 Rivervale Rd (behind the North Firehouse)

Mayors Wellness Campaign

Put your community in motion



October 19, 26 November 2, 9, 16, 30 December 7, 14

8 classes for \$80. Payable by credit card through Community Pass or Cash or Check payable to Twp of River Vale on the first night of class

**You must Pre-register through Community Pass via the Twp of River Vale web site http://www.rivervalenj.org/
Mayors Wellness Campaign

8 people minimum to hold the class, Maximum of 22 - register early!!