



# MONDAY NIGHT YOGA

With Michele Rosenbach

7:00 - 8:00 PM

River Vale Community Center

628 Rivervale Road

(behind the North Firehouse)



*Mayors Wellness Campaign*

*Put your community in motion*

January 29, February 5, 12, 19, 26, March 5, 12, 19

All Levels Welcome



8 classes for \$80. Registration and payment through River Vale Community Pass, credit card or check payable to Township of River Vale. Mail check to 406 Rivervale Road, River Vale NJ 07675 Attn: Yoga, or bring check to first night of class. Go to [www.rivervalenj.org](http://www.rivervalenj.org), click on Recreation Registration, choose 2018 Mayors Wellness and select appropriate class.