

# Inserra ShopRites

**are offering a Flu Clinic for the River  
Vale Farmer's Market on September 27  
and October 18 from 1-5pm!**

**Meet with our Pharmacist and Dietitian team to help  
prepare you for the 2018 cold & flu season.**

**Our highly trained Pharmacists will:**

- Administer **NO COST FLU SHOTS** when covered under most insurance plans\*
- Answer questions on medication usage, side effects, and interactions

*\*Accepted insurances: Medicare Part B, Aetna, Cigna, and Horizon BCBS.*

**Our qualified Registered Dietitians  
are available to:**

- Conduct cooking demonstrations and taste-testing
- Provide recipes, product sampling, and coupons
- Discuss nutritional advice for diabetes, heart disease, weight loss, and more!



**Want to hold your own flu clinic? Contact the dietitian or pharmacist to set up a date, or check in with your local Inserra ShopRite to see when their next in-store flu clinic takes place!**

**Pharmacist:**

**Lou Musto RPH**

**Email: SR0153rx@wakefern.com**

**P: 201-7843607**



**Registered Dietitian:**

**Jamie Pepper, MS, RD**

**Email: Jamie.pepper@wakefern.com**

**P: 862-377-3177**